



rsjdelivery20@gmail.com
http://www.rsjdelivery.com

Smoothie King

DISCLAIMER

RSJ Delivery is not responsible for orders with unhooked, disconnected, or invalid phone numbers. RSJ Delivery not is responsible for orders with false or incorrect delivery addresses.

Legal Disclaimer

Menu prices are set based on restaurant pricing at time of entry into this application. Prices may shift without RSJ awareness. If the amount charged for your items at the restaurant is lower or higher than the amount you were charged at checkout, you will receive the difference or your bill will be adjusted to correct amount. All efforts are made to keep prices updated.

NOTICE:

Due to short staffing in many restaurants, lines and wait times are longer than normal. RSJ drivers must wait in line like other customers, this could delay delivery and cause longer delivery windows. We do our best to limit delivery times such as calling ahead and online ordering, times cannot be controlled by RSJ nor the restaurants.

Wellness Blends

Apple Kiwi Kale

Kale, Apple Juice, Kiwi, Bananas, Electrolyte Mix

Small Apple Kiwi Kale	\$6.29
Medium Apple Kiwi Kale	\$8.39
Large Apple Kiwi Kale	\$10.49

Blueberry Heaven

Blueberries, Bananas, Lemon Juice, Protein Blend

Small Blue Heaven	\$6.29
Medium Blue Heaven	\$8.39
Large Blue Heaven	\$10.49

Carrot Kale Dream

Carrots, Kale, Bananas, Mango, Lemon Juice, Vanilla Protein Blend

Small Carrot Kale Dream	\$6.29
Medium Carrot Kale Dream	\$8.39
Large Carrot Kale Dream	\$10.49

Lemon Ginger Spinach

Spinach, Whole Ginger, Carrots, Kale, Lemon Juice, Papaya Juice, Stevia

Small Lemon Ginger Spinach	\$6.29
Medium Lemon Ginger Spinach	\$8.39
Large Lemon Ginger Spinach	\$10.49

Immune Builder-Mixed Berry

Smoothie King

Extra items can be added for an additional charge - Sizes are Small (20 oz.), Medium (32 oz.), and Large (40 oz.)

Energy Blends

Green Tea Tango

Matcha Green Tea, Vanilla Frozen Yogurt, Vanilla Protein Blend, Raw Cane Sugar, Choice of One Fruit

Small Green Tea Tango	\$6.08
Medium Green Tea Tango	\$8.18
Large Green Tea Tango	\$10.28

Pure Recharge - Strawberry

Strawberries, Pure Recharge, Electrolyte Mix, Nutrient Mix, Vanilla Protein Blend

Small Pure Recharge - Strawberry	\$6.08
Medium Pure Recharge - Strawberry	\$8.18
Large Pure Recharge - Strawberry	\$10.28

Pure Recharge - Mango Strawberry

Mango, Strawberries, Pure Recharge, Electrolyte Mix

Small Pure Recharge - Mango Straw	\$6.08
Medium Pure Recharge - Mago Straw	\$8.18
Large Pure Recharge - Mango Straw	\$10.28

Power Punch Plus

Strawberries, Bananas, Nutrient Mix (contains whey protein and milk), Supergrains

Small Power Punch Plus	\$6.18
Medium Power Punch Plus	\$8.28
Large Power Punch Plus	\$10.38

Fitness Blends

High calorie or high protein, geared toward meal replacement

Gladiator

Gladiator Low Carb Meal Replacement (45 Grams of Protein), Your Choice of Two Fruits or Flavors

Small Gladiator	\$6.41
Medium Gladiator	\$8.72
Large Gladiiator	\$9.92

The Activator Chocolate

Bananas, Coconut Water, Gladiator Low Carb Meal Replacement, 100% Cocoa

Small The Activator Chocolate	\$6.29
Medium The Activator Chocolate	\$8.51
Large The Activator Chocolate	\$9.87

The Activator Pineapple

Pineapple, Apple Juice, Coconut Water,

Take a Break Blends

Banana Berry Treat

Strawberries, Bananas, Raspberries, Protein Blend

Small Banana Berry Treat	\$6.08
Medium Banana Berry Treat	\$8.18
Large Banana Berry Treat	\$10.28

Berry Punch

Strawberries, Blueberries, Raspberries, Electrolyte Mix

Small Berry Punch	\$6.08
Medium Berry Punch	\$8.18
Large Berry Punch	\$10.28

Caribbean Way

Papaya, Bananas, Strawberries, Raw Cane Sugar

Small Caribbean Way	\$6.08
Medium Caribbean Way	\$8.18
Large Caribbean Way	\$10.28

Lemon Twist Banana

Lemon Juice, Bananas, Papaya, Raw Cane Sugar

Small Lemon Twist Banana	\$5.97
Medium Lemon Twist Banana	\$8.07
Large Lemon Twist Banana	\$10.17

Lemon Twist Strawberry

Lemon Juice, Strawberries, Papaya, Raw Cane Sugar

Small Lemon Twist Strawberry	\$5.97
Medium Lemon Twist Strawberry	\$8.07
Large Lemon Twist Strawberry	\$10.17

Pineapple Surf

Pineapple, Strawberries, Kiwi, Protein Blend, Raw Cane Sugar, Vanilla

Small Pineapple Surf	\$6.08
Medium Pineapple Surf	\$8.18
Large Pineapple Surf	\$10.28

Strawberry X-Treme

All Strawberries

Small Strawberry X-Treme	\$6.08
Medium Strawberry X-Treme	\$8.18
Large Strawberry X-Treme	\$10.28

Banana Boat

Bananas, Protein Blend, Vanilla Frozen Yogurt, Raw Cane Sugar

Small Banana Boat	\$6.08
Medium Banana Boat	\$8.18
Large Banana Boat	\$10.28

Peanut Power

Peanut Butter, Bananas, Non-Fat Milk, Vanilla Protein Blend, Raw Cane Sugar

Small Peanut Power	\$6.29
Medium Peanut Power	\$8.39
Large Peanut Power	\$10.49

Peanut Power Chocolate

Chocolate, Peanut Butter, Bananas, Non-Fat Milk, Vanilla Protein Blend, 100%

Strawberry, Raspberry, Almond Milk, Bananas, Blueberries, Herbal Immune Enhancer
 Small Immune Builder-Mixed Berry \$6.29
 Medium Immune Builder-Mixed Berry \$8.39
 Large Immune Builder-Mixed Berry \$10.49

Daily Warrior

Banana, Blueberries, Dates, Almonds, Spinach, Peanut Butter, Blueberry Juice, Stevia
 Small Daily Warrior \$6.29
 Medium Daily Warrior \$8.39
 Large Daily Warrior \$10.49

The Premama

Bananas, Raspberries, Blueberries, Apple Juice, Spinach, Protein Blend, Stevia. Premama Prenatal Multivitamin
 Small Premama \$6.29
 Medium Premama \$8.39
 Large Premama \$10.49

Slim Blends

Angel Food

Strawberries, Bananas, Non-Fat Milk, Raw Cane Sugar
 Small Angel Food \$5.67
 Medium Angel Food \$7.98
 Large Angel Food \$9.35

Island Impact

Pineapple, Papaya, Mango, Mangoes, Protein Blend
 Small Island Impact \$5.62
 Medium Island Impact \$7.93
 Large Island Impact \$9.29

Metabolism Boost Strawberry Pineapple

Strawberries, Pineapple, Kiwi Juice, Vanilla Protein Blend, Gladiator Protein, Metabolism Boost, Fiber Blend
 Small Metabolism Boost Straw-Pine \$6.09
 Medium Metabolism Boost Straw-Pine \$8.30
 Large Metabolism Boost Straw-Pine \$9.77

Greek Yogurt - Pineapple Mango

Chobani Greek Yogurt, Pineapple, Mango, Passion Fruit, Bananas, Non-Fat Milk, Vanilla Protein Blend, Electrolyte Mix, Fiber Blend
 Small Greek Yogurt - Pineapple Mango \$6.09
 Medium Greek Yogurt - Pineapple Mango \$8.30
 Large Greek Yogurt - Pineapple Mango \$9.77

Greek Yogurt - Strawberry Blueberry

Chobani Greek Yogurt, Strawberries, Blueberries, Non-Fat Milk, Vanilla Protein Blend, Electrolyte Mix, Fiber Blend
 Small Greek Yogurt - Strawberry Blueberry \$6.09
 Medium Greek Yogurt - Strawberry Blueberry \$8.30
 Large Greek Yogurt - Strawberry Blueberry \$9.77

Lean 1 Chocolate

Lean 1 Chocolate Protein, Banana,

Gladiator Low Carb Meal Replacement

*Small The Activator Pineapple \$6.29
 Medium The Activator Pineapple \$8.51
 Large The Activator Pineapple \$9.87*

The Activator Strawberry Banana

Bananas, Strawberries, Coconut Water, Gladiator Low Carb Meal Replacement
 Small The Activator Strawberry Banana \$6.29
 Medium The Activator Strawberry Banana \$8.51
 Large The Activator Strawberry Banana \$9.87

The Activator Strawberry Blueberry

Strawberries, Blueberry Juice Blend, Coconut Water, Gladiator Low Carb Meal Replacement
 Small The Activator Strawberry Blueberry \$6.29
 Medium The Activator Strawberry Blueberry \$8.51
 Large The Activator Strawberry Blueberry \$9.87

Coffee High Protein Almond Mocha

Coffee, Whey Protein, Protein Blend, Almonds, Nonfat Milk Powder, 100% Cocoa, Raw Cane Sugar
 Small Coffee High Protein Almond Mocha \$6.29
 Medium Coffee High Protein Almond Mocha \$8.51
 Large Coffee High Protein Almond Mocha \$9.87

Coffee High Protein Vanilla

Coffee, Whey Protein, Protein Blend, Almonds, Nonfat Milk Powder, Raw Cane Sugar
 Small Coffee High Protein Vanilla \$6.29
 Medium Coffee High Protein Vanilla \$8.51
 Large Coffee High Protein Vanilla \$9.87

High Protein Banana

Bananas, Whey Protein, Protein Blend, Almonds
 Small High Protein Banana \$6.29
 Medium High Protein Banana \$8.51
 Large High Protein Banana \$9.87

High Protein Chocolate

Whey Protein, Protein Blend, Almonds, Nonfat Milk Powder, Raw Cane Sugar
 Small High Protein Chocolate \$6.29
 Medium High Protein Chocolate \$8.51
 Large High Protein Chocolate \$10.44

High Protein Lemon

Lemon, Whey Protein, Protein Blend, Almonds
 Small High Protein Lemon \$6.29
 Medium High Protein Lemon \$8.51
 Large High Protein Lemon \$9.87

High Protein Pineapple

Pineapple, Whey Protein, Protein Blend, Almonds
 Small High Protein Pineapple \$6.29
 Medium High Protein Pineapple \$8.51
 Large High Protein Pineapple \$9.87

The Hulk Strawberry

Weight Gain, Butter Pecan Ice Cream, Strawberries, Bananas, Whey Protein,

Cocoa, Raw Cane Sugar

*Small Chocolate Peanut Power \$6.29
 Medium Chocolate Peanut Power \$8.39
 Large Chocolate Peanut Power \$10.49*

Peanut Power Plus Strawberry

Peanut Butter, Strawberries, Bananas, Non-Fat Milk, Raw Cane Sugar
 Small Peanut Power Plus Strawberry \$6.29
 Medium Peanut Power Plus Strawberry \$8.39
 Large Peanut Power Plus Strawberry \$10.49

Yogurt D-Lite

All Natural Vanilla Frozen Yogurt Blended with Choice of One Fruit, Non-Fat Milk, Protein Blend, Raw Cane Sugar
 Small Yogurt D-Lite \$6.08
 Medium Yogurt D-Lite \$8.18
 Large Yogurt D-Lite \$10.28

Kids Kups

Contain 100% of the RDA of vitamins and minerals for children.

*Berry Interesting \$4.19
 Strawberries, Raspberries, Blueberries
 Strawberry Bluegurt Blitz \$4.19
 Chobani Greek Yogurt, Strawberries, Blueberries, Non-Fat Milk, Vanilla Protein Blend
 Choc-A-Laka \$4.19
 All Natural Chocolate, Yogurt
 CW, Jr \$4.19
 Strawberries, Bananas, Papaya
 Lil Angel \$4.19
 Strawberries, Bananas
 Apple Kiwi Bunga \$4.19
 Kale, Apple, Kiwi, Banana*

Almonds

Small Lean 1 Chocolate	\$6.09
Medium Lean 1 Chocolate	\$8.30
Large Lean 1 Chocolate	\$9.77

Lean 1 Pineapple Mango

Lean 1 Vanilla Protein, Pineapple, Mango Juice Blend

Small Lean 1 Pineapple Mango	\$6.09
Medium Lean 1 Pineapple Mango	\$8.30
Large Lean 1 Pineapple Mango	\$9.77

Lean 1 Strawberry

Lean 1 Vanilla Protein, Strawberries

Small Lean 1 Strawberry	\$6.09
Medium Lean 1 Strawberry	\$8.30
Large Lean 1 Strawberry	\$9.77

Lean 1 Vanilla

Lean 1 Vanilla Protein, Bananas, Almonds

Small Lean 1 Vanilla	\$6.09
Medium Lean 1 Vanilla	\$8.30
Large Lean 1 Vanilla	\$9.77

MangoFest

Mangoes, Pineapple-Mango Juice, Papaya Juice

Small MangoFest	\$6.09
Medium MangoFest	\$8.30
Large MangoFest	\$9.77

Muscle Punch

Strawberries, Bananas, Whey Protein, Non-Fat Milk, Vanilla, Wheat Germ, Nutritional Yeast, Raw Cane Sugar

Small Muscle Punch	\$6.09
Medium Muscle Punch	\$8.30
Large Muscle Punch	\$9.77

Slim-N-Trim Blueberry

Blueberries, Vanilla Protein Blend, Lean 1 Vanilla Protein, Vanilla Gladiator Protein, Stevia

Small Slim-N-Trim Blueberry	\$6.29
Medium Slim-N-Trim Blueberry	\$8.39
Large Slim-N-Trim Blueberry	\$10.49

Passion Passport

Passion Fruit, Bananas, Papaya, Mango Juice, Raw Cane Sugar

Small Passion Passport	\$6.08
Medium Passion Passport	\$8.18
Large Passion Passport	\$10.28

Slim-N-Trim Chocolate

Bananas, Nonfat Milk, Protein Blend, Lean 1 Chocolate Protein, Chocolate Gladiator Protein, 100% Cocoa, Stevia

Small Slim-N-Trim Chocolate	\$6.29
Medium Slim-N-Trim Chocolate	\$8.39
Large Slim-N-Trim Chocolate	\$10.49

Slim-N-Trim Strawberry

Strawberries, Vanilla Protein Blend, Lean 1 Vanilla Protein, Vanilla Gladiator Protein, Stevia

Small Slim-N-Trim Strawberry	\$5.76
Medium Slim-N-Trim Strawberry	\$7.86
Large Slim-N-Trim Strawberry	\$9.96

Slim-N-Trim Vanilla

Bananas, Vanilla Protein Blend, Lean 1 Vanilla Protein, Vanilla Gladiator Protein, Stevia

Small Slim-N-Trim Vanilla	\$6.29
Medium Slim-N-Trim Vanilla	\$8.39
Large Slim-N-Trim Vanilla	\$10.49

Strawberry Kiwi Breeze

Non-Fat Milk, Vanilla, Supergrains, Raw Cane Sugar

Small The Hulk Strawberry	\$6.29
Medium The Hulk Strawberry	\$8.51
Large The Hulk Strawberry	\$9.87

The Hulk Vanilla

Weight Gain, Butter Pecan Ice Cream, Bananas, Whey Protein, Non-Fat Milk, Vanilla, Supergrains, Raw Cane Sugar

Small The Hulk Vanilla	\$6.29
Medium The Hulk Vanilla	\$8.51
Large The Hulk Vanilla	\$9.87

Vegan Pineapple Spinach

Sunwarrior Vegan Protein, Almonds, Pineapple, Spinach, Carrots, Bananas Mango Juice, Lemon Juice, Stevia

Small Vegan Pineapple Spinach	\$6.29
Medium Vegan Pineapple Spinach	\$8.51
Large Vegan Pineapple Spinach	\$9.87

The Hulk Chocolate

Weight Gain, Butter Pecan Ice Cream, Bananas, Whey Protein, Non-Fat Milk, Vanilla, 100% Cocoa, Supergrains, Raw Cane Sugar

Small The Hulk Chocolate	\$6.29
Medium The Hulk Chocolate	\$8.51
Large The Hulk Chocolate	\$9.87

Vegan Dark Chocolate Banana

Sunwarrior Vegan Protein, Dark Cocoa, Bananas

Small Vegan Dark Choc Banana	\$6.29
Medium Dark Choc Banana	\$8.51
Large Dark Choc Banana	\$9.87

Vegan Mango Kale

Sunwarrior Vegan Protein, Mango, Bananas, Kale, Apple, Almonds

Small Vegan Mango Kale	\$6.29
Medium Vegan Mango Kale	\$8.51
Large Vegan Mango Kale	\$9.87

Vegan Nutty Supergrain

Sunwarrior Vegan Protein, Bananas, Peanut Butter, Apple, Supergrain Mix, Dark Cocoa

Small Vegan Nutty Supergrain	\$6.29
Medium Vegan Nutty Supergrain	\$8.51
Large Vegan Nutty Supergrain	\$9.87

Strawberries, Kiwi, Papaya, Vanilla

Protein Blend

Small Strawberry Kiwi Breeze \$6.08

Medium Strawberry Kiwi \$8.18

Breeze

Large Strawberry Kiwi Breeze \$10.28

The Shredder - Chocolate

*Gladiator Low Carb Meal Replacement,
Diet Down Enhancer, Protein Blend,*

100% Cocoa

Small Shredder-Chocolate \$6.29

Medium Shredder-Chocolate \$8.39

Large Shredder-Chocolate \$10.49

The Shredder - Strawberry

*Gladiator Low Carb Meal Replacement,
Diet Down Enhancer, Strawberries,*

Protein Blend

Small Shredder-Strawberry \$6.29

Medium Shredder-Strawberry \$8.39

Large Shredder-Strawberry \$10.49

The Shredder - Vanilla

*Gladiator Low Carb Meal Replacement,
Diet Down Enhancer, Protein Blend*

Small Shredder-Vanilla \$6.29

Medium Shredder-Vanilla \$8.39

Large Shredder-Vanilla \$10.49