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Frida's Cantina and Grill

DISCLAIMER

RSJ Delivery is not responsible for orders with unhooked, disconnected, or invalid phone numbers. RSJ Delivery not is responsible for orders with false or incorrect delivery addresses.

Legal Disclaimer

Menu prices are set based on restaurant pricing at time of entry into this application. Prices may shift without RSJ awareness. If the amount charged for your items at the restaurant is lower or higher than the amount you were charged at checkout, you will receive the difference or your bill will be adjusted to correct amount. All efforts are made to keep prices updated.

Desserts

Fried Ice Cream	\$4.60
vanilla ice cream rolled in crispy flakes, coconut and raisins. Deep fried and served in a tortilla shell. Topped w/chocolate, whipped cream and a cherry	
Xango (Dessert)	\$4.60
cheesecake wrapped in a pastry tortilla, fried until flaky and golden, then dusted w/cinnamon sugar. Served w/ice cream, whipped cream and chocolate syrup	
Churros	\$4.60
Flan	\$4.19
Sopapilla no ice cream	\$2.60
Sopapilla w/ice cream	\$4.60

APPETIZERS

Queso Dip Large	\$8.80
Small Queso Dip	\$4.50
Bean Dip	\$6.29
Sm Guacamole Dip	\$4.50
Lg Guacamole Dip	\$8.80
Chori Dip	\$9.29
Queso dip with Chorizo	
Guacamole Mexicano	\$9.70
A bed of fresh avocados and Pico de Gallo with jalapenos and a helping of crispy tortilla straws	

A La Carte

1 Beef Burrito	\$4.80
1 Chicken Burrito	\$4.80
1 Bean Burrito	\$4.80
1 Steak Burrito w/Queso	\$7.59
1 Chalupa	\$3.75
1 Beef Tostada	\$3.75
1 Tostaguac	\$3.75
1 Chile Relleno	\$4.20

ENCHILADAS

Enchiladas Suiza	\$11.59
Three soft corn tortillas filled with your choice of chicken or steak. Topped with authentic salsa tomatillo and covered with our traditional cheese dip, lettuce, guacamole, sour cream and tomatoes	
Enchiladas Supremas	\$11.25
Four rolled corn tortillas one beef, one chicken, one cheese, and one bean; topped with enchilada sauce, lettuce, sour cream, cheese and tomatoes	
Enchiladas Frida	\$10.59
3 cheese and chicken enchiladas topped with cheese sauce. Served with rice.	
Enchiladas los Cabos	\$12.59
Three shrimp enchiladas covered with chipotle sauce, served with rice and vegetables.	
Enchiladas Verdes	\$10.59
Three chicken enchiladas with green tomatillo sauce, served with rice, lettuce, guacamole, and tomato.	
Enchiladas Bulldog	\$12.59
Three enchiladas with grilled chicken, steak and shrimp. Topped with tomatillo sauce, cheese sauce, and enchilada sauce. Served with rice and vegetables.	

Chimichangas

Shredded Chicken	\$11.59
Chimichango	
w/lettuce, tomatoes, sour cream, guacamole, and pico	
Shredded Beef Chimichanga	\$11.59
w/lettuce, tomatoes, sour cream, guacamole, and pico	
Fajita Chicken Chimichanga	\$13.00
w/lettuce, tomatoes, sour cream, guacamole, and pico	
Fajita Steak Chimichanga	\$13.00
w/lettuce, tomatoes, sour cream, guacamole, and pico	
Shrimp Chimichango	\$13.59
w/lettuce, tomatoes, sour cream, guacamole, and pico	
Bulldog Chimichango	\$14.99
Chicken, Steak and Shrimp w/lettuce, tomatoes, sour cream, guacamole, and pico	

Taste Of Mexico

Taquitos Mexicanos	\$12.09
four rolled corn tortillas stuffed w/beef or chicken. served with lettuce, guacamole and sour cream	
Rice Special	\$12.59
Grilled chicken on a bed of rice topped w/queso dip. Choose steak or shrimp	
Rolla Special	\$14.59
Fajita's w/chicken, steak and shrimp cooked w/onions, tomatoes and bell peppers topped w/cheese	

SEAFOOD

Tilapia Special	\$12.79
Fresh fillet of Tilapia breaded with secret spices and lightly fried. Served with rice, lettuce, tomato, and lime	
Fish Tacos	\$12.79
Three tortillas filled with lightly fried tilapia, lettuce, pico de gallo and light chipotle sauce served with Mexican rice	
Camarones al Mojo de Ajo	\$16.09
Jumbo shrimp cooked to perfection in our special garlic butter sauce served with rice, lettuce, onion, tomatoes and avocado	
Camarones a La Diabla	\$15.79
Tiger shrimp sautéed in our spicy ranchero sauce served with Mexican rice, lettuce, tomatoes, onions and slices of avocado	
Seafood Nachos	\$15.79
tortilla chips topped with crab meat, scallops, shrimp, onions, bell peppers, tomatoes and cheese sauce	
Shrimp Cocktail	\$15.59
Shrimp marinated in our tomato juice and grilled to perfection. Served with fresh onions, cilantro, tomato and lime juice	
Catfish plate	\$12.79
Fried catfish served with lettuce, sliced tomatoes, served with a side of rice	
Shrimp Tacos	\$12.79
Three shrimp tacos with lettuce, cheese, and our special chipotle sauce. Served with rice	
Camarones Chipotle	\$15.59
Grilled shrimp prepared on our special chipotle sauce served with rice, and vegetables	

QUESADILLAS

Fajita Quesadilla	\$11.29
Big quesadilla filled with marinated sirloin strips or chicken, onions, bell peppers, grilled tomatoes and cheese. Optional Lettuce, tomatoes and sour cream	
Shrimp Quesadilla	\$13.29
Big quesadilla filled with marinated shrimp, onions, bell peppers, grilled tomatoes and cheese. Optional lettuce, tomatoes and sour cream	
Fridas Quesadilla	\$11.29
Two 8 inch tortillas stuffed with cheese and shredded chicken or beef tips. Served with lettuce, pico de gallo, sour cream and guacamole	
Bulldog Quesadilla	\$14.29
Big quesadilla filled with chicken, steak, shrimp, onions, bell peppers, grilled tomatoes and cheese. optional lettuce, tomatoes and sour cream	
Quesadilla Hawaiianas	\$11.29
Two small quesadillas stuffed with grilled chicken, pineapples, onions and cheese. Served with lettuce, guacamole, sour cream, pico, and	

1 Beef Taco hard Shell	\$2.09
1 Chicken Taco Hard Shell	\$2.09
1 Tamales	\$3.80
1 Chicken Soft Taco	\$2.20
1 Soft Taco (Beef)	\$2.20
1 Grilled Chicken Soft Taco	\$3.45
1 Cheese Quesadilla	\$3.20
1 Chicken Chimichanga	\$5.59
1 Beef Chimichango	\$5.59
1 Steak Fajita Chimichanga	\$7.59
1 Chicken Fajita Chimichanga	\$7.59
Lg. Cheese Quesadilla	\$6.59
1 Grilled Chicken Quesadilla	\$6.59
1 Grilled Steak Quesadilla	\$6.59
1 Beef Enchilada	\$2.55
1 Chicken Enchilada	\$2.55
1 Cheese Enchilada	\$2.55
1 Steak Enchilada	\$3.55

WINGS

Chicken Wings	
<i>Wings deep fried and topped with our special sauce. Choose from Buffalo, Habanero, Mango Habenero and Classic BBQ.</i>	
Sticks and Wings	\$11.29
House Sample #1	\$12.29
<i>Cheese Quesadilla, (5) Chicken Wings, (5) Cheese Sticks, Guacamole, Sour Cream, and Pico de Gallo.</i>	
House Sample #2	\$12.29
<i>(5) Wings, (5) Mozzarella Sticks, Nachos with ground beef, Chorizo, lettuce, fresh jalapenos, and Cheese dip.</i>	
House Sample #3	\$12.29
<i>Onion rings, (5) cheese sticks, (5) chicken wings</i>	

Lunch Specials

11 am to 1 pm

#1 Lunch	\$7.59
<i>chile relleno, taco, beans, and guacamole salad</i>	
#2 Lunch	\$7.59
<i>one burrito, rice and beans</i>	
Lunch Taco	\$6.59
<i>comes with rice and beans</i>	
Lunch Enchilada	\$6.59
<i>with rice and beans</i>	
Lunch Tamale	\$6.99
<i>with rice and beans</i>	
Lunch Tostada	\$6.99
<i>with rice and beans</i>	
Lunch Toastaguac	\$6.99
<i>with rice and beans</i>	

VEGETARIAN

Veggie Combo	\$10.29
<i>One burrito, one spinach enchilada, one quesadilla and cheese sauce</i>	
Quesadilla de la Granja	\$10.29
<i>Quesadilla filled with vegetables and cheese in a large flour tortilla, grilled and served with sour cream, lettuce, and tomatoes</i>	
Tres Amigos	\$12.29
<i>Three spinach enchiladas with Queso, lettuce, sour cream served with rice</i>	
Farmhouse Fajitas	\$12.29
<i>Veggie Fajitas served with lettuce, rice and pinto beans, Pico de Gallo, guacamole and tortillas</i>	
Burritos Gemelos	\$12.29
<i>Twin bean burritos with cheese sauce. Served with rice, lettuce, sour</i>	

<i>sauce. Served on rice</i>	
Chile Colorado	\$13.59
<i>Chunks of steak cooked to perfection w/ranchero sauce. served with Mexican rice, beans, and tortilla's</i>	
Carne Asada	\$14.59
<i>thin steak marinated and garnished w/lettuce, lime, onions and slice avocado served with Mexican rice, beans and flour tortillas</i>	
Carnitas	\$14.09
<i>Port tips served w/jalapenos, lettuce, tomatoes, onions, Mexican rice, beans and tortillas</i>	
Chile Verde	\$13.59
<i>Carnitas cooked to perfections in a green sauce served w/rice, beans, and tortillas</i>	
Bulldog Special	\$14.59
<i>grilled chicken, steak and shrimp topped w/onions, cilantro, jalapeno peppers and hot sauce. Served w/rice and beans</i>	
Steak Ranchero	\$17.59
<i>Ranchero sauce gives this 12 oz T-Bone steak great taste, served w/Mexican rice, beans, and baked potato</i>	
Molcajete Ranchero	\$17.59
<i>Carne Asada, grilled chicken and shrimp w/onions and cactus, garnished w/queso fresco and chambray onions. Topped w/signature red sauce</i>	
Steak mexicano	\$17.59
<i>Lightly seasoned 12 oz T-bone smothered w/onions, tomatoes and bell peppers. Served w/Mexican rice, beans, baked potato and tortillas</i>	
Frida's Street Tacos	\$12.59
<i>Four soft taco's: one Al Pastor, One Carnitas, One Chorizo and One grilled Chicken. served w/pinto beans</i>	
Taco's Al Pastor	\$12.59
<i>Four soft corn tortillas w/slow roasted pork marinated w/chile ancho salsa, topped w/cilantro, onions, and grilled pineapple</i>	
Tacos Carne Asada	\$12.59
<i>Three soft corn tortilla tacos w/grilled steak, served w/choice of rice or beans and a side of pico and hot sauce</i>	
"New" Taco's Rolla	\$12.59
<i>three soft corn tortilla tacos w/grilled steak and bacon. Served w/your choice of rice or beans and a side of pico</i>	
"New" Flautas Jalisco	\$11.59
<i>three chicken flautas topped w/cheese dip and garnished w/lettuce, sour cream, and pico</i>	

FAJITAS

Colorful blend of grilled bell peppers, onions and tomatoes. Served with rice, beans, lettuce, Pico de Gallo, sour cream, guacamole and tortillas

Chicken Fajita Single	\$14.59
Chicken Fajita Double	\$27.59
Steak Fajita Single	\$14.59
Steak Fajita Double	\$27.59
Shrimp Fajita Single	\$16.59
Shrimp Fajita Double	\$31.59
Bulldog Fajita Single	\$15.59
<i>Chicken, Steak & Shrimp</i>	
Bulldog Fajita Double	\$29.59
<i>Chicken, Steak, and Shrimp</i>	
Quique Fajita Single	\$16.59
<i>Chicken, Steak, Carnitas, Chorizo, and Bacon</i>	

rice or beans

Kids Menu

Kids Enchilada	\$6.59
<i>with rice and beans</i>	
Kids Burrito (Beef)	\$6.59
<i>with rice and beans</i>	
Kids Small Taco Salad	\$6.59
Kids Quesadilla	\$6.59
<i>cheese quesadilla with rice and beans</i>	
Kids Corn Dog	\$6.59
Kids Hamburger and Fries	\$6.59
Kids Chicken Fingers	\$7.19
<i>served with fries</i>	
Kids Mini chicken Nacho Fajitas	\$8.19
<i>on a bed of chips</i>	
Kids Mini steak nacho Fajitas	\$8.19
<i>on a bed of chips</i>	
Kids Chicken Mini Rice Special	\$8.19
Kids Steak Mini Rice Special	\$8.19
Kids chimichanga	\$8.19

Side Orders

Side Flour tortillas	\$1.09
Side Corn tortillas	\$1.09
Side Jalapenos	\$1.09
Side Onions	\$0.85
Side Tomatoes	\$0.85
Side Tomatillo Sauce	\$0.85
Side Sour Cream	\$1.59
Side Burrito/enchilada sauce	\$0.85
Side Pico de Gallo	\$1.59
Side Shredded Cheese	\$2.09
Side of Grilled Vegetables	\$3.35
Side of Shrimp	\$9.09
Side Refried beans	\$2.35
Side Mexican Rice	\$2.65
Side Fries	\$2.09
Side Avocado Slices	\$4.09
Side Onion Rings	\$5.09
Side Mozzarella Sticks	\$6.99
Sm. Chips and Salsa To go	\$2.25
Lg Chips and Salsa to go	\$5.05

DRINKS

Select Drink	
Jarritos	\$2.60

cream, and tomatoes.

SALADS

Tossed Salad	\$3.60
Guacamole Salad	\$4.60
<i>Served with lettuce, tomato, and cheese</i>	
Grilled Chicken Salad	\$11.29
<i>Grilled chicken served on a bed of lettuce, tomatoes, onions, bell peppers, cheese and ranch dressing</i>	
Taco Salad	\$10.29
<i>Crispy flour tortilla filled with ground beef or shredded chicken topped with cheese, lettuce, tomatoes, guacamole and sour cream</i>	
Fridas Shrimp Salad	\$12.29
<i>Grilled shrimp served on a bed of lettuce, tomatoes, onions, bell peppers, cheese and ranch dressing</i>	
Taco Salad Fajita	\$12.29
<i>Crispy flour tortilla filled with our choice of chicken or steak, sautéed with onion, bell pepper, tomatoes, topped with lettuce, cheese, sour cream and guacamole</i>	
Shrimp Taco Salad	\$13.29
<i>Crispy flour tortilla filled with shrimp, sautéed with onion, bell pepper, tomatoes. Topped with lettuce, cheese, sour cream and guacamole</i>	

Quiche Fajita Double	\$29.59
<i>Chicken, Steak, Carnitas, Chorizo, and Bacon</i>	
Fajita Hawaiaan Single	\$15.59
<i>Chicken and Pineapple topped with cheese</i>	
Fajita Hawaiaan Double	\$29.59
<i>Chicken and Pineapple topped with cheese</i>	

BURRITOS

Burrito Special	\$8.79
<i>One beef burrito with our red sauce topped with lettuce, cheese, sour cream, and tomatoes</i>	
Burrito Mexicano	\$9.79
<i>A flour tortilla stuffed with chunks of beef cooked with tomatoes, onion, bell peppers and topped with cheese sauce, lettuce, tomatoes and guacamole</i>	
Burrito Minero	\$11.59
<i>A large flour tortilla filled with ground beef or chicken, topped with lettuce, tomatoes, sour cream and red sauce. Served with Mexican rice and beans</i>	
Burrito de Carne Asada	\$11.59
<i>A burrito filled with sirloin steak, onions, bell peppers and beans. Smothered with cheese and salsa verde. Served with Mexican rice and beans</i>	
Burrito Frida	\$11.59
<i>A burrito filled with sirloin strips or chicken, cooked with onions, bell peppers and tomatoes. Topped with cheese sauce. Served with Mexican rice and beans</i>	
Burrito Grande	\$14.59
<i>Chicken or steak fajitas, rice and beans in a big flour tortilla topped with ranchero sauce, tomatilla sauce and cheese sauce. Garnished with sour cream, lettuce, and Pico</i>	
Burrito De Chile Colorado	\$11.59
<i>Tender steak simmered in our original Chili Colorado sauce and stuffed into a huge tortilla with beans. We finish it with melted cheese sauce, served with rice and Pico</i>	
Burrito Chipotle	\$13.59
<i>Grilled chicken, chorizo, in a big flour tortilla, rice, and beans, covered in a special chipotle sauce</i>	
Burrito Tapatio	\$13.59
<i>Grilled chicken or steak with chorizo wrapped in a big flour tortilla covered in red sauce then topped with cheese sauce, served with rice</i>	
Burrito Jalisco	\$13.59
<i>Two grilled shrimp burritos with broccoli, cauliflower and carrots wrapped in a flour tortilla topped with a special sauce. Served with rice and cheese sauce</i>	
Burrito De Carnitas	\$13.59
<i>Burrito filled with tender pork and topped with cheese sauce. Served with rice and sour cream salad.</i>	
"New" Burrito Bulldog	\$14.99
<i>Big burrito filled with chicken, steak, and shrimp, onions, bell peppers, and tomatoes. Topped with cheese sauce, lettuce, pico, and guacamole.</i>	

CHICKEN

Pollo Deluxe	\$12.59
<i>A classic dish of Mexico. Tender chicken breast served with sautéed vegetables and melted cheese. Plated with Mexican rice, lettuce, guacamole and sour cream</i>	

Pollo Parrilla	\$12.59
<i>Marinated chicken breast grilled and topped with cooked onions, bell peppers, tomatoes and melted cheese. served with rice and beans</i>	
Pollo Frida	\$14.99
<i>Marinated chicken breast, grilled shrimp and chorizo topped with cheese dip. Garnished with sour cream, lettuce and guacamole. Served with rice and beans</i>	
Pollo Chipotle	\$13.59
<i>Strips of grilled chicken prepared with our sour cream chipotle sauce. Served with refried beans, Spanish rice, and tortilla's.</i>	
Pollo Hawaiiiano	\$13.59
<i>Strips of grilled chicken, bacon, and pineapple over a bed of rice topped with cheese sauce</i>	
Pollo Mexicano	\$12.59
<i>Grilled chicken breast topped w/spinach and cheese dip, served w/rice & Vegetables</i>	

NACHOS

Fajita Nachos	\$12.29
<i>Steak or Chicken with sautéed vegetables and cheese sauce served on a bed of crispy chips</i>	
Nachos Supreme	\$11.29
<i>A bed of crispy tortilla chips topped with beans, chicken, beef, lettuce, tomatoes, cheese, and sour cream</i>	
Shrimp Fajita Nachos	\$13.29
<i>Our famous shrimp fajitas served on a bed of crispy nachos topped with melted cheese</i>	
Trash Can Nachos	\$10.29
<i>Ground beef, chorizo, cheese sauce, lettuce, sour cream, tomato, jalapenos and cheese</i>	
Bulldog Nachos	\$14.29
<i>A sizzling version of our famous fajitas with chicken, steak, and shrimp served on a bed of crispy tortilla chips and cheese sauce. Sauteed vegetables optional</i>	
Nacho Fries	\$12.29
<i>Chicken or steak with cheese sauce served over a bed of fries with grilled bacon and pineapple</i>	
Nacho Fridas	\$14.29
<i>Chicken, Steak, chorizo, and carnitas served with lettuce, tomato, sour cream, and cheese sauce on a bed of crispy chips</i>	
Hula Nachos	\$12.29
<i>Cheese nachos with grilled chicken, bacon, pineapple, and slices of jalapeno peppers. Topped with cheese sauce.</i>	